

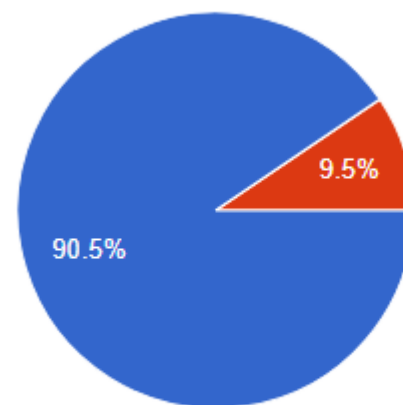
# SLOVAKIA

Centrum dobrovoľníctva



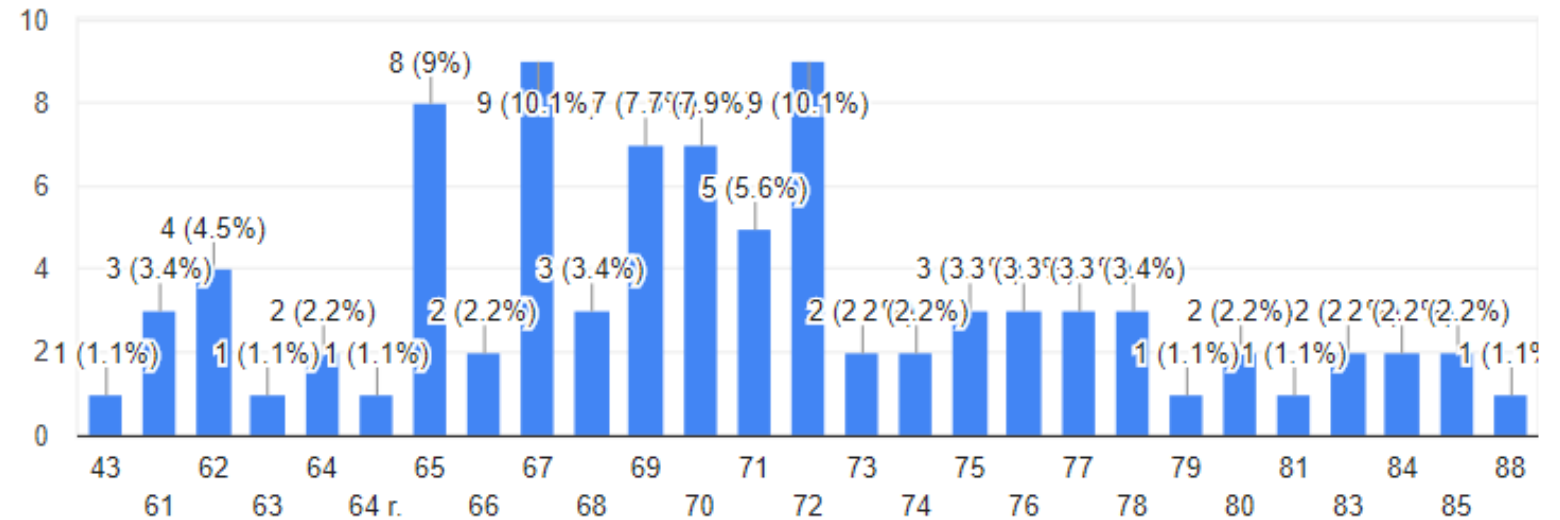
## GENDER

- women
- men



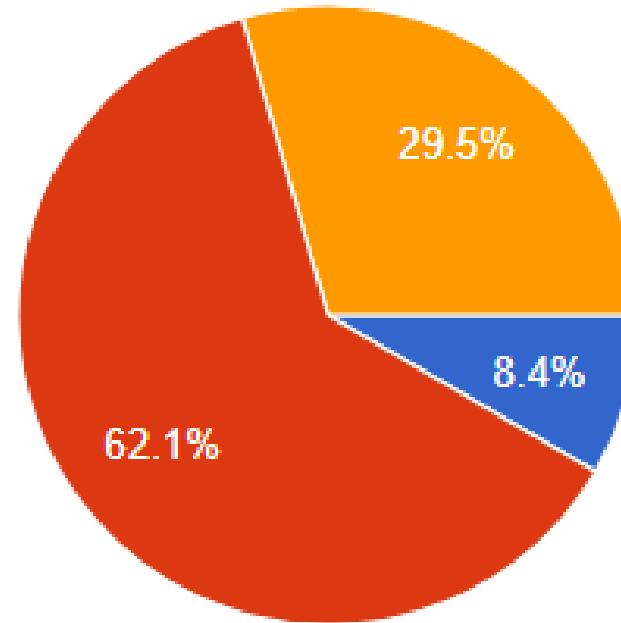
# AGE

- 43-88
- The most of respondents were in the ages 65,67,72 - 10,1%



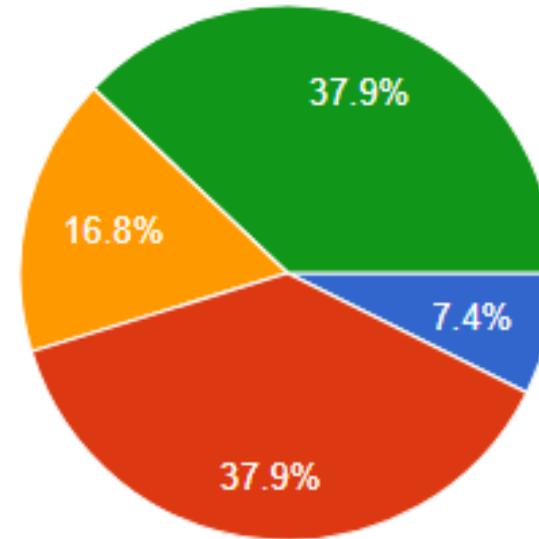
## EDUCATION

- Basic level
- Secondary level
- Higher level



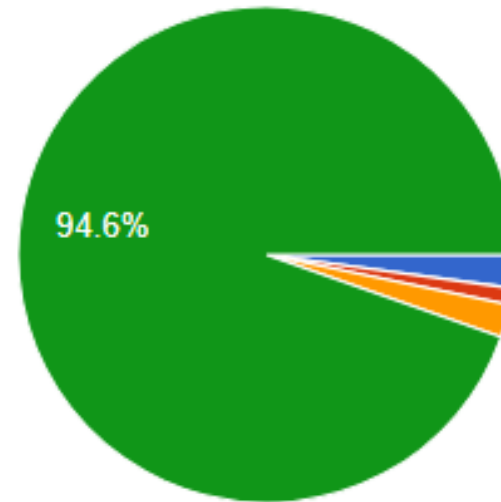
# FAMILY STATUS

- single
- married
- divorced
- widowed



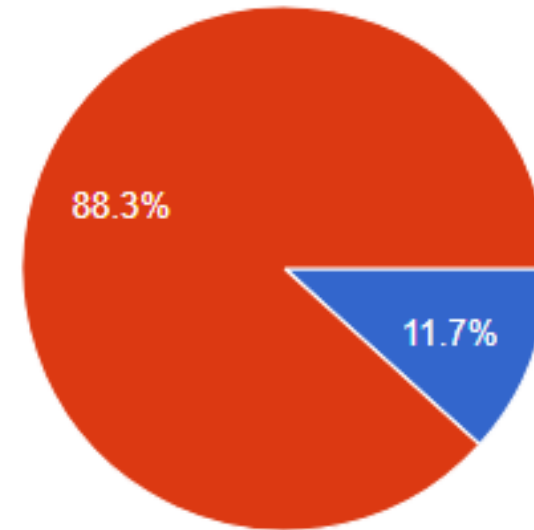
# SOCIOECONOMIC POSITION

- employee
- self-employee
- unemployed
- retired



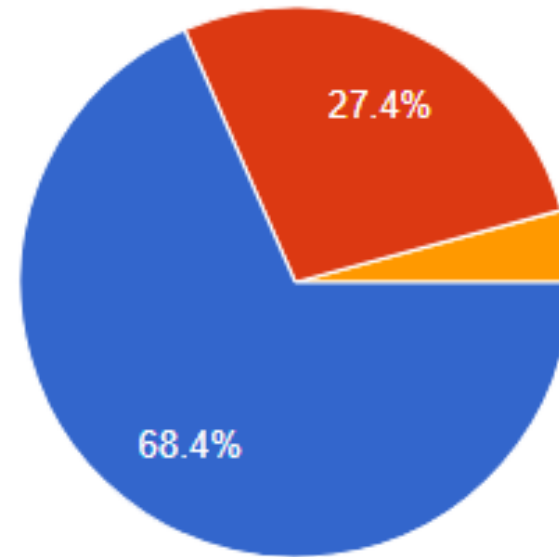
# PLACE OF LIVING

- village
- town/city



# INVOLVEMENT IN VOLUNTEERING in last 12 months

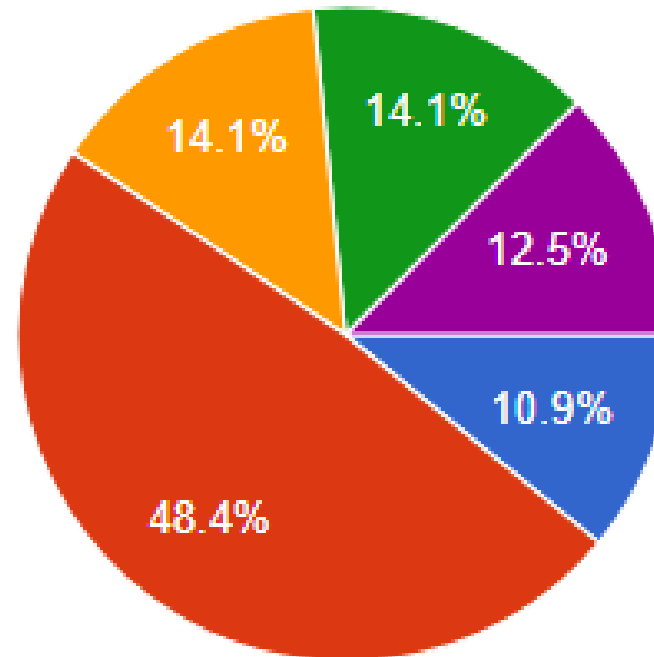
- yes
- No
- I don't know





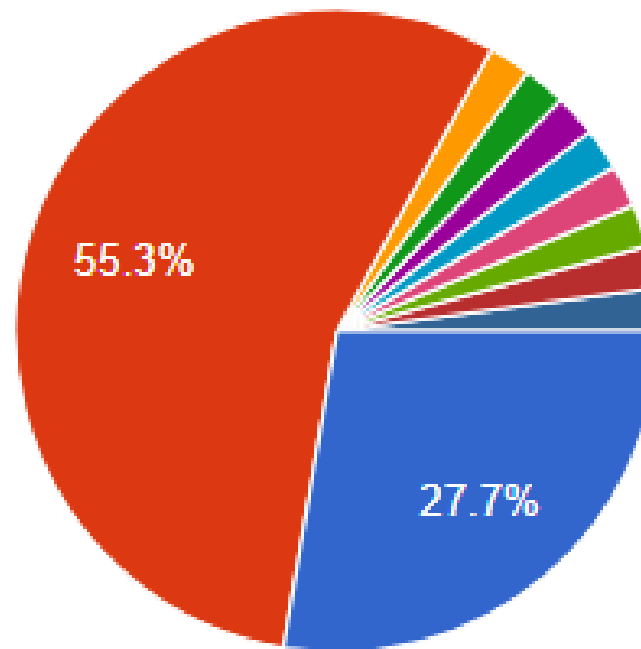
# How often did you participate in unpaid activities in last 12 months?

- ▶ On daily basis
- ▶ Once a week
- ▶ Once a month
- ▶ Once a 3 months
- ▶ Once/twice times per a year



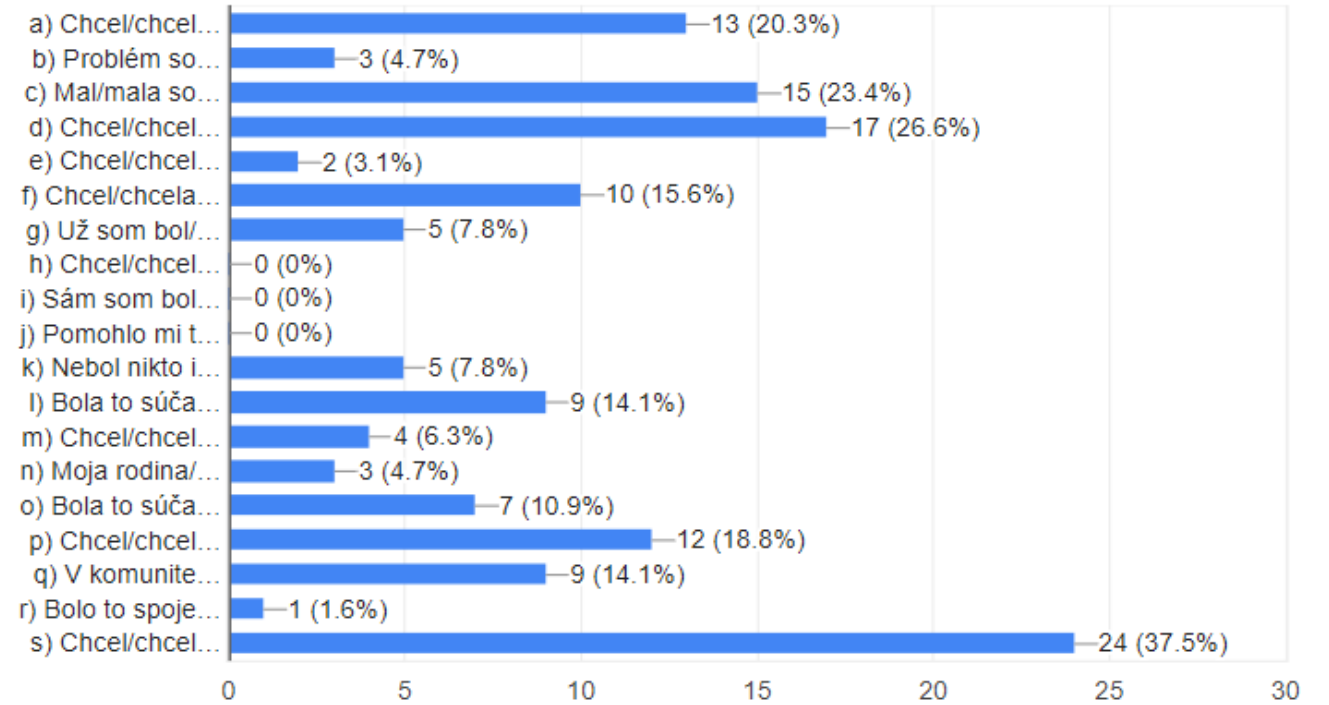
# TYPE OF ORGANIZATION

- ▶ nongovernmental
- ▶ public organization/institution
- ▶ senior club, sport club, housing community...



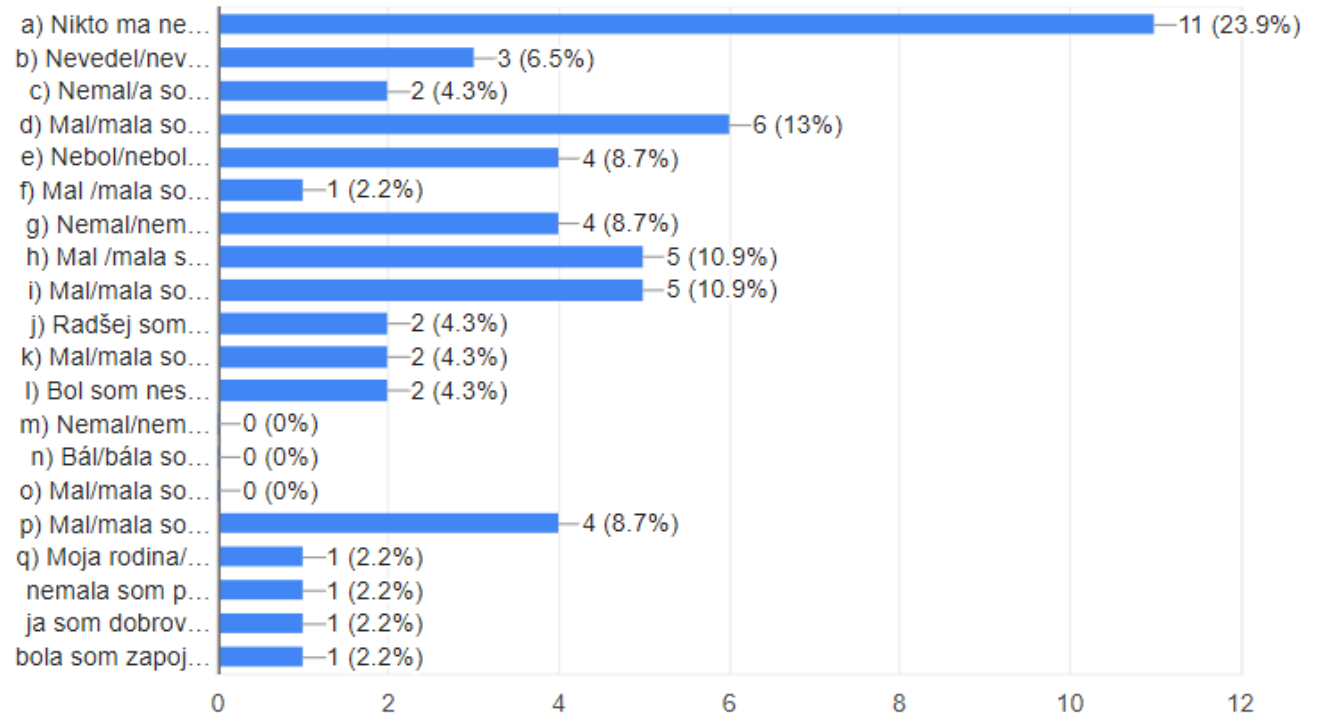
# MOTIVATORS FOR VOLUNTEERING

- 37,5% - I wanted to feel useful
- 26,6% - I wanted to meet people, make friends
- 23,4% - I had time to spend
- 20,3% - I wanted to improve things, help people
- 18,8% - I wanted to use existing skills



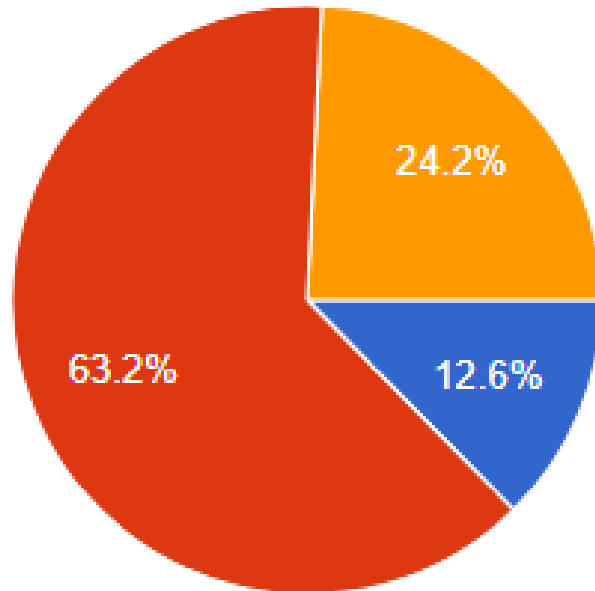
# BARRIERS FOR VOLUNTEERING

- 23,9% - Nobody asked me for help
- 13% - I had health problems/issues
- 10,9% - I had difficult situation at work
- 10,9% - I had difficult situation in the family



# TRAINING NEEDS

- ▶ Yes
- ▶ No
- ▶ I don't know



## KINDS OF TRAININGS:

- Training of empathy
- to familiarize yourself with the plan of the organization
- To prepare the process techniques, preparation of the materials, final result - opinion, view
- exchanging of skills

# REPRESENTATIVES OF ORGANIZATIONS

## Number of salaried employees working in the organization:

- ▶ 3 organizations - nobody
- ▶ 1 organization - 2 people
- ▶ 1 organization - 10 people
- ▶ 1 organization - 38 people

## Number of volunteers:

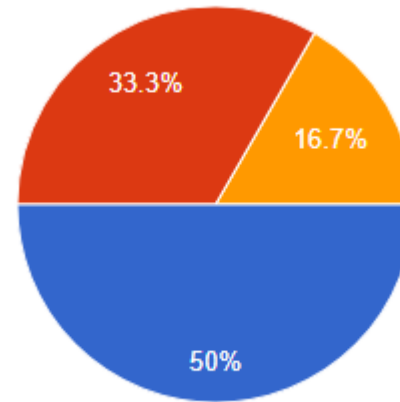
- ▶ 35
- ▶ 6
- ▶ 10 nongovernmental organizations, 140 volunteers
- ▶ 10
- ▶ 13
- ▶ 4

# How long has your organization been involving people over 50 into volunteering?

1. 1 organization - 3 years
2. 1 organization - 4 years
3. 2 organization - 5 years
4. 1 organization - 12 years
5. 1 organization - „I don´t know.“

# TYPE OF ORGANIZATION

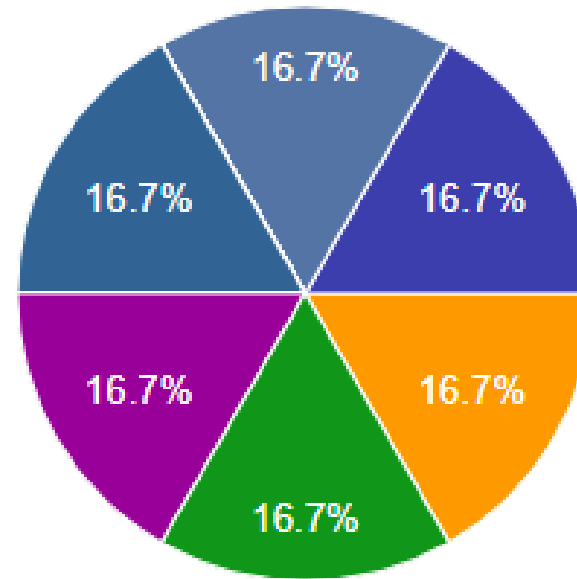
- NGO
- public organization
- community organization





# AREA THE VOLUNTEERS WORK IN:

1. Multimana organization
2. Local government
3. Hobbies and recreation
4. Education and research
5. Health care
6. Prevention, emergency situations, help in humanitarian crises and natural disasters



# MOTIVATORS FOR VOLUNTEERING

- ▶ 66,7% - they want to meet people, make friends
- ▶ 66,7% - they want to feel useful
- ▶ 33,3% - they want to learn new skills
- ▶ 33,3% - their friends/family did it

- ▶ 16,7% - they want to give something back
- ▶ 16,7% - they want to be connected with their interests
- ▶ 16,7% - they received voluntary help
- ▶ 16,7% - they want to use existing skills
- ▶ 16,7% - they want to fulfill dreams
- ▶ 16,7% - they enjoy it
- ▶ 16,7% - they want to send a signal that they are here and that they can offer something else
- ▶ 16,7% - because volunteering brings them good feelings

# BARRIERS FOR VOLUNTEERING

- ▶ 50% - They have health problems
- ▶ 50 % - they are not interested
- ▶ 33,3% - nobody asked them for help
- ▶ 33,3% - they have difficult situation in the family

- ▶ 16,7% - they don't know how to start
- ▶ 16,7% - they don't have a free time
- ▶ 16,7% - they have a difficult situation at work
- ▶ 16,7% - they are worried they will have to pay some additional costs
- ▶ 16,7% - they are introverts
- ▶ 16,7% - they don't have a experience with volunteering
- ▶ 16,7% - they don't like a word „VOLUNTEERING“
- ▶ 16,7% - they don't want to have unnecessary worries and stress

# STRENGTHS/WEAKNESSES OF PEOPLE OVER 50

## STRENGTHS:

- Responsibility
- Life experiences
- Adopted rules
- Time flexibility

## WEAKNESSES:

- Health problems
- Less energy
- Family responsibilities
- They have a lot of problems
- They are conservative

# What should an organization do, if it wants to retain volunteers over 50 for a long-term support?

- ▶ let them feel their importance
- ▶ to appreciate volunteers
- ▶ to be grateful to them
- ▶ to respect them with their limits
- ▶ to give them the possibility of self-realization
- ▶ to publicize their work

# COMPARISON - motivators for volunteering

## THE SAME OPINIONS:

- **They want to feel useful**
- **They want to meet people, make friends**
- **They want to use existing skills**
- **They want to be connected with their hobbies**

## OPINIONS OF SENIORS:

- I had time to spend
- I wanted to improve things, help people
- It was part of my religious belief
- There was a need in the community

## OPINIONS OF PROFESIONALS:

- they want to learn new skills
- their friends/family did it
- they want to give something back
- they received voluntary help
- they want to fulfill dreams
- they enjoy it
- they want to send a signal that they are here and that they can offer something else
- because of volunteering brings them good feelings

# COMPARISON - barriers for volunteering

## THE SAME OPINIONS:

- ▶ they have health problems
- ▶ they are not interested
- ▶ nobody asked them for help
- ▶ they have difficult situation in the family
- ▶ they don't know how to start
- ▶ they have a difficult situation at work

## OPINIONS OF SENIORS:

- ▶ I cannot make a long-term commitment
- ▶ I had a feeling I am too old

## OPINIONS OF PROFESSIONALS:

- ▶ they don't have a free time
- ▶ they are worried they will have to pay some additional costs
- ▶ they are introverts
- ▶ they don't have a experiences with volunteering
- ▶ they don't like a word „VOLUNTEERING“
- ▶ they don't want to have unnecessary worries and stress

**Thank you for your  
attention 😊**